



DO IT YOURSELF

A DAY FOR HEROES

multi-sensory story



A Day for Heroes

by Nina Martinez

In a small seaside town, there lived a group of brave heroes. They were ordinary people who did extraordinary things.

Action

One sunny morning, they woke up to find the town BUZZING with excitement.

Makaton sign for "sun" and then stretch the listener's arms above their head.

It was the 80th anniversary of D-Day, a day when heroes from all over the world came together to fight for freedom, and this is what had happened.

Toy Soldier

Our soldiers, the heroes, prepared for battle in their smart uniforms.

Allow the listener to hold a soldier toy and pass it to the next person. representing the bravery and unity of the soldiers on D-Day.

Sandpaper or Tray of Sand

Our heroes land HEAVILY on the beach.

Place listeners' feet or hands on sandpaper to create the sensation of a sandy beach, or use a tray of real, child-friendly sand.

YouTube or Rainmaker

The air is filled with the sound of crashing waves against the shore.

Use the YouTube link below to listen to the crashing against the shore to simulate the atmosphere of the beach landing. Alternatively, hand over hand turn rainmaker

Fabric

The heroes parachute silently into enemy territory.

Gently flutter a piece of fabric above the listener's head, allowing them to feel the sensation of falling through the air.

Foil or bubble wrap

Bravely the heroes dodge bullets and explosions!

Crinkle tin foil or pop bubble wrap to create the sound of gunfire and explosions.

Medal

Each hero is awarded a medal for their bravery.

Gently place a ribbon/homemade medal around the listener's neck.

Health and Safety: Multi-sensory books should not be left with unsupervised children and/or people with learning disabilities. It is advisable to check the books periodically to ensure that they are intact and safe to use. Store out of reach of children and/or people with learning disabilities.

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Water Spray 80 years later our veterans returned to the beaches. The gentle sound of their footsteps mingling with the salty spray of the lapping waves.

Spritz the water spray in the air around their head

Quietly they reflect on the events of that fateful day and pay tribute to their fallen comrades.

YouTube “When You Go Home, Tell Them Of Us And Say,
For Your Tomorrow, We Gave Our Today.”
Play The Last Post (YouTube link below)

Items needed for this story:

Toy Soldier

Sandpaper or tray filled with child-friendly sand

Ocean sound (YouTube) or rainmaker

Fabric

Tin Foil

Ribbon or handmade medal

Water Spray

YouTube link for ocean sounds: (<http://www.youtube.com/watch?v=WHPEKLQID4U>)

YouTube link for The Last Post (<http://www.youtube.com/watch?v=BSIMcypTOOs>)

Extra ideas

Play Churchill’s Speech

Play We’ll Meet Again – Vera Lynn

Play National Anthem

Credit:

“When You Go Home...” verse written by John Maxwell Edmonds (1875-1958)

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