



DO IT YOURSELF

# TOMMY'S BIG OLYMPIC ADVENTURE

multi-sensory story



# Tommy's Big Olympic Adventure

by Nina Martinez

- Soft pillow / Action** Tommy is a young man who **LOVES** sports. One night, he dreams about competing in the **2024 Olympic Games in Paris**.  
*Let the listener feel a soft pillow and/or make the Makaton sign 'to dream'*
- Toy Trumpet / Action** Tommy finds himself in a **HUGE stadium filled with cheering fans**. The air is filled with noise and excitement.  
*Blow the toy trumpet near the listener for noise and /or lift their arms and cheer to create an atmosphere of excitement.*
- Feather** Tommy's first event is the running race. He lines up with the other athletes and gets ready to run as fast as he can.  
*Gently brush the feather against the listener's arms to represent the breeze Tommy feels as he prepares to run.*
- Action/Sand Tray** Next, Tommy attempts the long jump. He takes a deep breath and jumps as far as he can into the soft sand.  
*Storyteller to take a large deep breath, then lift the listener's arms up and then bring their arms down into the sand tray to experience the sensation of the landing area for the long jump.*
- Water Spray** It's time to head to the pool. Tommy dives into the pool ready for the swimming competition. The water is **VERY cold and refreshing**.  
*Lightly mist the listener's hands and/or face with a water spray*
- Ribbon Wand** Now Tommy takes part in the gymnastics. He concentrates as he balances carefully on the beam, and then he leaps and twirls gracefully.  
*Move a ribbon wand high in the air and around the listener.*
- Medal / Music** It was time for Tommy to receive his medal. Proudly, as he waits on the podium, a medal is placed around his neck. The crowd applauds and cheers then falls silent as the national anthem is played.  
*Place a medal around the listener's neck and play the National Anthem*
- Torch** The Olympic Games came to an end with a spectacular display of fireworks. The sky was lit up in beautiful colours.  
*Wave a torch/ light in different patterns to replicate the fireworks lighting up the sky.*
- Tommy had an **INCREDIBLE** adventure at the **2024 Olympic Games**. He made new friends, tried his best, and had lots of fun. Tommy knows that he can achieve anything he dreams of.

**Items needed for this story:**

**Soft Pillow**

**Toy Trumpet**

**Feather**

**Tray filled with child-friendly sand**

**Water Spray**

**Ribbon Wand**

**Medal (Plastic or make your own)**

**Torch**

YouTube link for example of Makaton Sign - to dream

<http://www.youtube.com/watch?app=desktop&v=x74V7MpcfMI>

Credit to: Makaton with Lucinda

YouTube link for National Anthem: <http://www.youtube.com/watch?v=E4ac6feD1hE>

Credit to: Inter-Pathé

***Health and Safety:*** Multi-sensory books should not be left with unsupervised children and/or people with learning disabilities. It is advisable to check the books periodically to ensure that they are intact and safe to use. Store out of reach of children and/or people with learning disabilities.

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