



DO IT YOURSELF

# IT'S THURSDAY - IT'S JAB DAY!

multi-sensory story



# It's Thursday – It's Jab Day!

by Nina Martinez and Bexley Mencap

- Letter/  
Envelope**      **Bonnie was so excited when the post was put through her door. She has been waiting for a special letter inviting her for her COVID vaccination.**  
*Listener opens envelope and unfolds the letter.*
- Photo**      **Bonnie suddenly became a little nervous. Her sister Bev shows her a photograph of the vaccination hub they are going to visit as it is not her normal doctors' surgery.**  
*Show photograph of vaccination hub*
- Mask,  
etc**      **On Thursday, Bev collects Bonnie in her car. Bev is wearing her mask and Bonnie is wearing a face shield.**  
*Show mask, shield or lanyard*
- Hand  
Sanitiser**      **Bev pushes Bonnie into the vaccination centre.**  
**“Good morning,” said a lovely volunteer, “can you please sanitise your hands and the handles of your wheelchair?”**  
*Wash and sanitise hands*
- Action  
Page**      **Bev helps Bonnie to answer a few questions.**  
*Discuss questions asked and answers required – different for each individual*
- Action  
Page**      **The nurse asked Bonnie to take off her cardigan.**  
**“Would you like the jab in your right arm or your left arm?”**  
*Point to listener's right and left arm*
- No page**      **“All done” said the nurse.**  
**“Wow, that didn't hurt at all” said Bonnie.**
- Vaccinati  
on card**      **The Nurse gives Bonnie a special card that she must look after to confirm that she has had the vaccination.**  
*Hand vaccination card to listener*
- Timer**      **Bonnie and Bev sit in the waiting area for 15 minutes before they can leave.**  
*Set a timer for 15 minutes – timing adjustable to type of vaccination given*

*Please turn over.*

**Health and Safety:** Multi-sensory books should not be left with unsupervised children and/or people with learning disabilities. It is advisable to check the books periodically to ensure that they are intact and safe to use. Store out of reach of children and/or people with learning disabilities.

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- Calendar** **Bonnie and Bev arrive back home.**  
“That was easy” said Bonnie. “You did really well” replied Bev.  
**Together they put the date on the calendar for the second job.**  
*Use a calendar to write/type ‘second job’*
- Tea and biscuit** **They both enjoy a cup of tea, a biccie and look forward to safer times ahead.**  
*Hold cup and eat biscuit – adaptable to each individual.*

***Pre-story preparations:*** *Fold up paper and place in envelope, print photograph of your local vaccination hub and blank vaccination card.*

**Items required for story:**

- Letter/ Envelope (*other communication method like using a phone or receiving a text work too*)
- Vaccine centre photograph
- Mask/ face shield/ exemption lanyard
- Hand sanitiser
- Vaccination card
- Timer (kitchen timer, or one on a phone)
- Calendar (physical, or one on a phone)
- Cup and biscuit – if appropriate

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