



DO IT YOURSELF

REMEMBERING GRANDAD THIS CHRISTMAS

multi-sensory story



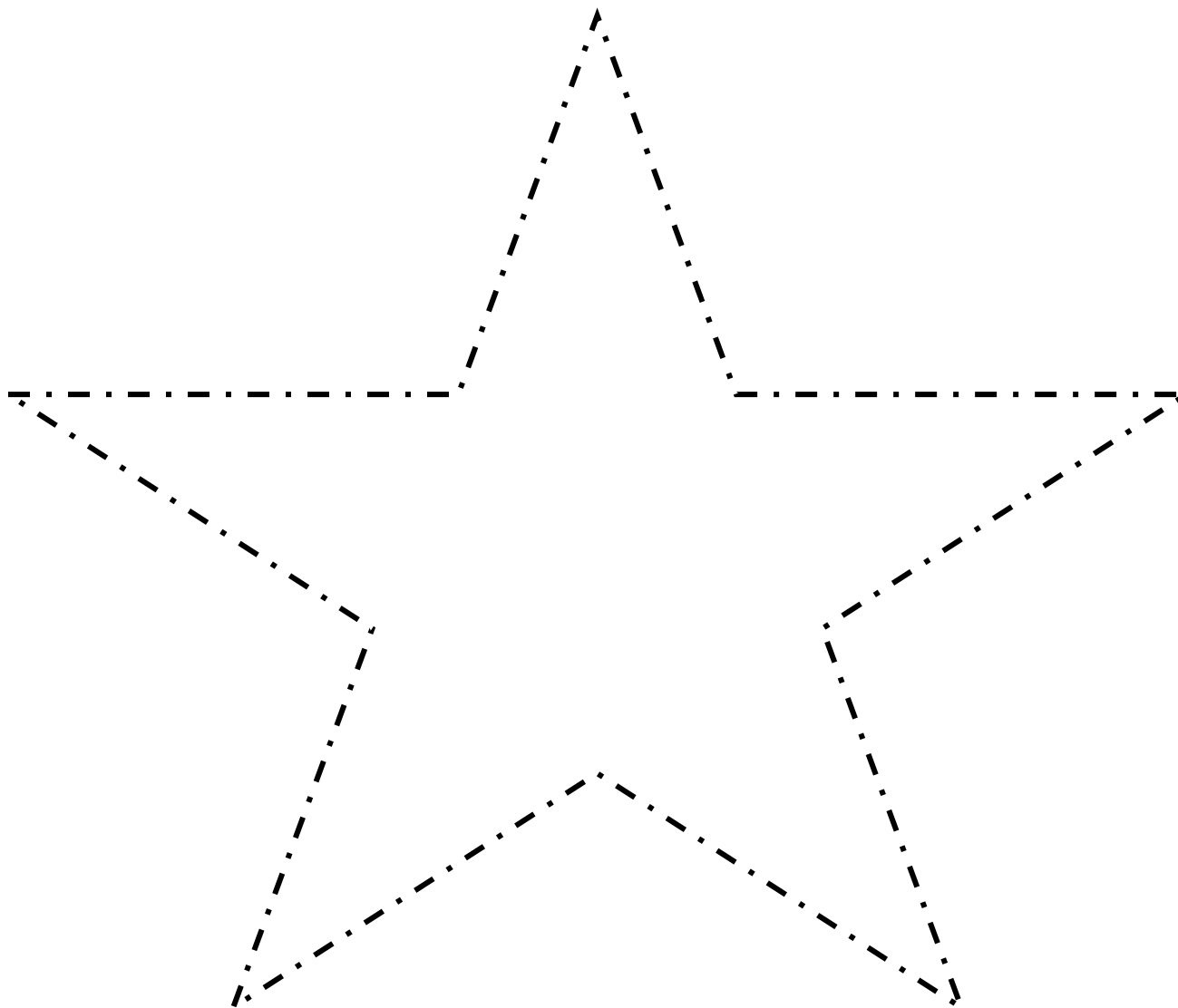
Remembering Grandad this Christmas

by Nina Martinez

- Fairy Lights** **At Christmas time, the twinkling lights remind us of Grandad. They are bright and warm, just like he always was.**
Turn on the fairy lights and hold them in-front of the listener, moving them about slowly. Allow them to see them sparkle.
- Christmas decoration** **Every year, we hang decorations on our tree. Let us put one on the tree this year for Grandad, a VERY special one just like him!**
Allow the listener to hold the special Christmas decoration, feel its shape and texture. If able, they can help you place on the tree.
- Soft blanket** **Grandad gave the best hugs EVER. This Christmas, we will wrap ourselves in a big and soft blanket and think of him.**
Encourage the listeners to feel the soft blanket. Wrap the blanket gently around their shoulders, pressing gentle allowing them to feel pressure of a hug and warmth.
- Cinnamon stick or chosen smell** **All the lovely Christmas smells remind us of Grandad—spicy cinnamon, sweet oranges, and yummy warm treats.**
Hold the scent near their nose, encouraging them to breathe it in slowly.
- Bell or Christmas Song** **Grandad enjoyed Christmas songs. When we sing or hear bells, we remember him singing and smiling.**
Hand over hand gently shake the bells. Alternatively, you could play a favourite Christmas song.
- Star** **Grandad really was our own family star. This star - it shines brightly, just like his love.**
Hold up a star decoration. If you don't have one, you could make one and sprinkle with glitter
- Heart shaped cushion** **Even though we can't see Grandad anymore, we will ALWAYS hold him close in our hearts ESPECIALLY at Christmas time.**
Gently press a heart shaped cushion against their chest.
- Fairy Lights** **So, this Christmas, together we light up our memories of Grandad and smile because he'll always be with us.**
Turn the lights back on to end the story with a warm glow.

Items needed for this story:

- Battery operated Fairy lights or a glowing light-up ornament
- A special tree ornament
- Fleece blanket
- Cinnamon stick / orange-scented sachet / or chosen Christmas Scent
- Jingle bell or shaker
- A star-shaped decoration or make your own [cut out template below]
- A heart-shaped cushion



Health and Safety: Multi-sensory books should not be left with unsupervised children and/or people with learning disabilities. It is advisable to check the books periodically to ensure that they are intact and safe to use. Store out of reach of children and/or people with learning disabilities.

Bag Books



**BAG BOOKS IS A CHARITY
WHO AIMS TO ENHANCE THE LIVES OF
INDIVIDUALS WITH LEARNING DISABILITIES
THROUGH THE USE OF MULTI-SENSORY BOOKS**

**WE HOPE YOU HAVE ENJOYED OUR
FREE STORY PACKS**

**PLEASE CONSIDER MAKING A DONATION AND
ALLOW US TO CONTINUE PROVIDING OUR
SERVICES AND STORIES TO
THOSE WHO NEED IT MOST.**

**BAGBOOKS.ORG
020 7627 0444
OFFICE@BAGBOOKS.ORG**

**© COPYRIGHT BAG BOOKS
REGISTERED CHARITY NUMBER 1026432**