

Knitted Carrot – Anna’s Allotment Bake

For the carrot:

Use double-knitting yarn (orange) with size 8 (4mm) needles.
Cast on 10 stitches (sts).

Row 1	P10 WS
Row 2	K1, kfb x 8, k1 (18 sts)
Row 3	P18
Row 4	K1, (k2 kfb) x 5, k2 (23 sts)
Row 5	P23
Row 6	K23
Row 7-20	Rep rows 5 and 6 (e.g. Row 7 p23, Row 8 k23)
Row 21	P23
Row 22	(K3 k2tog) x 4, k3 (19sts)
Row 23	P19
Row 24	K19
Row 25	P19
Row 26	K19
Row 27	P19
Row 28	K1, (k2 k2tog) x 4, k2 (15 sts)
Row 29	P15
Row 30	K15
Row 31	P15
Row 32	K1, (k2 k2tog) x 3, k2 (12 sts)
Row 33	P12
Row 34	K12
Row 35	P12
Row 36	K1, k2tog x 5, k1 (7 sts)
Row 37	P7
Row 38	K7
Row 39	P7
Row 40	K1, k2tog x 3 (4 sts)
Row 41	P4

Pull through to cast off with 40 cm tail to sew carrot seam. Sew RS together with leaves.

For the carrot leaves (x 3 to make a bunch):

Use double-knitting yarn (green) with size 10/3.25mm double-pointed needles.

For each shoot, cast on 4 sts using only a knit stitch. Knit the 4 sts. Slide (do not turn) work stitches to right end of the same needle. Pull wool around back and knit 4 sts again. Continue until work measures 10 cm. Cast off.

Make 2 extra bunches of leaves per carrot (3 bunches in total – one attached to carrot). These will be used separately in the story.



Multi-sensory stories for people with learning disabilities

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