

**Bag Books is a national charity publishing multi-sensory books for people with severe or profound and multiple learning disabilities.**

*Bag Books are aimed at those who cannot benefit from mainstream books. Told through voice and emotion rather than words and pictures, each story takes the listener on a journey to discover new textures, sounds, smells and movements.*

**Each book is handmade by a team of skilled craft artists and volunteers.**



One of our stories, *A Day at the Seaside*, features a knitted ice cream, scented with a delicious vanilla smell.

**Would you like to knit an ice cream for Bag Books?**

Please email [karen@bagbooks.org](mailto:karen@bagbooks.org) or phone us on 020 7627 0444 to find out more about knitting for us. We also have other knitting and sewing tasks for volunteers, please contact us for more details.

*Thank You*

**Bag Books: multi-sensory stories for people with learning disabilities**

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[www.bagbooks.org](http://www.bagbooks.org)

Registered Charity No 1026432

**KNIT**

**AN**



**FOR  
SOMEONE  
WITH**

**PROFOUND  
LEARNING  
DISABILITIES**

# KNITTING PATTERN

## MATERIALS

- Set of 3.75mm (US size 6) double pointed needles
- 'Style Craft' yarn, double knit. *Cream* colour for the ice cream, *camel* colour for the cone.
- Stitch marker
- Soft toy stuffing
- Yarn needle, for weaving in ends and sewing scoops to cones

## CONES

### POINTY SUGAR CONE

**Cast on 6 sts and knit one row as for I-cord. Divide sts equally among 3 dpns. Place stitch marker and begin to knit in the round.**

Rounds 1 & 2: \*k1, p1; repeat from \*  
Round 3: k all sts  
Rounds 4 & 5: \*k1, p1; repeat from \*  
Round 6: kfb into first and last stitch on each dpn, k all other stitches (you're increasing by 6 sts each time you knit this round)

### FLAT BOTTOM WAFER CONE

**Cast on 6 sts and knit one row as for I-cord. Divide sts equally among 3 dpns. Place stitch marker and begin to knit in the round.**

Round 1: kfb all sts (12 sts)  
Round 2: k all sts  
Round 3: \*k1, kfb; repeat from \* (18 sts)  
Round 4: k all sts  
Round 5: \*k2, kfb; repeat from \* (24 sts)  
Round 6: k all sts  
Round 7: p all sts  
Rounds 8 & 9: \*k1, p1; repeat from \*  
Round 10: k all sts

**Repeat rounds 8-10 five times.**

**Repeat rounds 1-6 six times (42 sts)**

Round 7: p all sts  
Round 8: bind off knitwise

**Turn the cone inside out.** Keep the little nubbin at the bottom tucked on the inside to help stabilize the point of the cone. Weave in ends and set the cone aside while you work on the scoop.

**Turn the cone inside out and proceed to round 11.**

Round 11: \*k3, kfb; repeat from \* (30 sts)  
Round 12: \*k4, kfb; repeat from \* (36 sts)  
Round 13: \*k5, kfb; repeat from \* (42 sts)  
Rounds 14 - 19: k all sts  
Round 20: p all sts  
Round 21: bind off knitwise

Sew shut the little hole that probably formed when you turned the cone inside out. Weave in ends and set the cone aside while you work on the scoop.

# ICE CREAM

## CLASSIC SCOOP

**Cast on 80 sts, leaving a 30-inch long tail. Divide sts among 3 dpns (if you prefer, you can use a 16-inch circ for the first several rows). Place stitch marker and begin to knit in the round.**

Round 1: p all sts  
Rounds 2 - 5: \*k1, kfb, ssk, k1, k2tog, kfb; repeat from \*  
Round 6: p2tog all sts (40 sts)  
Round 7: k all sts  
Round 8: \*k4, kfb; repeat from \* (48 sts)  
Rounds 9 & 10: k all sts  
Round 11: \*k4, k2tog; repeat from \* (40 sts)  
Round 12 - 14: k all sts  
Round 15: \*k8, k2tog; repeat from \* (36 sts)  
Round 16: k all sts

## SOFT SERVE

**Cast on 40 sts leaving a 30-inch long tail. Divide sts among 3 dpns, place stitch marker and begin to knit in the round.**

Rounds 1 - 10: k all sts  
Round 11: k2tog all sts (20 sts)  
Rounds 12 - 21: k all sts  
Round 22: k2tog all sts (10 sts)  
Rounds 23 - 29: k all sts  
Round 30: k2tog all sts (5 sts)

## ASSEMBLY

Stuff the cone and scoop. Place scoop on top of the cone and see if the openings match up. If the opening of the scoop and opening of the cone aren't the same size, weave the long cast on tail along the edge of the scoop opening as a running stitch. Pull the running stitch and gather until the openings match. Knot and evenly distribute the gathers.

Sew the scoop to the cone using the scoop cast on tail. Knot discreetly and weave in ends.

**Post the knitted cone to Bag Books and we'll add the vanilla smell.**

Round 17: \*k4, k2tog; repeat from \* (30 sts)  
Round 18: k all sts  
Round 19: \*k3, k2tog; repeat from \* (24 sts)  
Round 20: k all sts  
Round 21: \*k2, k2tog; repeat from \* (18 sts)  
Round 22: k all sts  
Round 23: \*k1, k2tog; repeat from \* (12 sts)  
Round 24: k all sts  
Round 25: k2tog all sts (6 sts)

Cut yarn, thread needle with yarn tail, pull through remaining stitches, knot discreetly and pull tail through to wrong side. Weave in the cast on tail towards Rounds 6/7 (this is the scoop opening).

Transfer sts to a single dpn

Rounds 31 - 33: I-cord  
Round 34: Still working as an I-cord k2tog, k2tog, k1 (3 sts)  
Rounds 35 - 37: I-cord

Cut yarn, thread needle with yarn tail, pull through remaining stitches, knot discreetly and pull tail through to wrong side.